

Personal Trainer

Fit24K Certified Personal Trainer & Wellness Coaches design a specific workout tailored to fit your overall personal fitness goals. Focus includes increasing overall toning, strength training, core strength and endurance. One (1) hour training sessions by appointment only.

Dates: Monday - Friday 10am-7pm,
Saturdays 9am-3pm
Age: 18 years and up
Cost: \$30 per hourly session

Halifax Community Center
1023 Halifax Street
Raleigh, NC 27604
919-996-6378



RALEIGH Parks,
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parks.raleighnc.gov

